

As the Lead Instructor at Polaris Village Academy in Easton Maryland. BJ teaches self-defense, and physical exercises to preschool children. He is the Owner of Miller Family Athletics, Eastern Shore Basketball Academy and The Academy travel basketball organization. Miller is a certified personal trainer with years of personal training experience. He has trained individuals ranging from 5 to 80 years old, current, and former athletes, and first responders. Miller has coached basketball for over a decade on the MD Eastern Shore. He is currently the boys' basketball head coach at North Caroline High School and coaches the Academy 6th grade team. Miller trains male and female athletes ranging from 1st grade to college level on the Maryland and Delaware Eastern Shore.